

THE SENIOR SCOOP

October 2024



OCTOBER LUNCHES

October 3 – Meatloaf, Mashed Potatoes, Green Beans, Dessert, Drink \$6.00

October 10 – Chicken Enchiladas, Rice, Beans, Tortilla Chips, Dessert, Drink \$6.00

October 17 – Potluck \$6.00 – Free for each person bringing an entrée, side, salad, or dessert to share.

October 24 – Halloween Party Subway Sandwich, Chips, Salad, Dessert, Drink \$6.00

Euchre will be moved from Wednesdays to Mondays for two weeks so make sure to watch for the correct dates and times.

Monday September 30 @ 11:00am instead of Wednesday, October 2.

Monday, October 28 @ 10:30 instead of Wednesday, October 30.

Chair Yoga Mondays **September 30, October 7** and **21** at 10:00am.

****We Are Closed**** – The Senior Center will be closed due to the election **Tuesday, October 29 – Thursday, November 7**. We will reopen for our normal activities on Monday, November 11.

Pinecone Wreaths Georgia will be leading two crafts this month, the first will be **Tuesday, October 1** at 10:30, all supplies will be provided. Make a fall (or any season) wreath to hang in your home or give as a gift.

****Senior Center Health Fair**** You do not want to miss attending our health fair on **Wednesday, October 2** from 11:00am-2:00pm. Vendors will be onsite with information and to answer questions about the services they provide. Receive free resources, health screenings, and swag. All health fair attendees will be entered to win fabulous door prizes. This event is open to the community so invite your friends, family, and neighbors!

Open Enrollment Miranda from *Senior Medicare Patrol* will be with us during lunch on **Thursday, October 3** to go over necessary information and answer all your questions about the upcoming Insurance Open Enrollment time. The presentation will begin at 11:45.

Cheesecloth Ghosts Georgia will be leading our second craft on **Tuesday, October 8** at 10:30, all supplies will be provided. This will make a great addition to your Halloween decorations.

Money Smart for Older Adults Join us this month for the last session of our 7-part presentation series on financial exploitation and other financial issues facing seniors. Please make sure to register yourself and your guest if you plan to attend. Our next presentation, *Funeral Scams*, will be **Thursday, October 10** from 12:30-1:30.

Guest Caller Bingo Marvin from *Celebration Villa* will be calling bingo on **Monday, September 30** and **Wednesday, October 16**, Senior Board member Karen will be calling for us on **Monday, October 7**, Alissa from *Senior Care Partners* will be joining us on **Wednesday, October 9**, Lynn from *Bluegrass Care Navigators* is calling on **Monday, October 14**, Christina from *Connecting Hearts* will be here to call Bingo on **Monday, October 21**, and Caulette from *Heaven Sent Care* will call on **Monday, October 28**. Games run 12:00-2:00pm, bring your quarters and get ready to win Bingo. As a reminder there is no bingo on **Wednesday, October 2**, instead come enjoy our Health Fair and submit your name while you are visiting the booths for lots of wonderful door prizes.

Bluegrass Care Navigators Lynn will be here at 10:30 on **Tuesday, October 15** for a presentation. Topic TBA.

Abstract Acrylic Painting LouAnn will be leading a painting class on **Tuesday, October 15** at 11:30. All supplies provided, come create your masterpiece.

Identity Theft presented by Amy from *Western & Southern Life*. Join us during lunch on **Thursday, October 17** at 11:45 to learn ways to protect yourself from becoming a victim of identity theft.

Kenton County Library will be here on **October 22** at 10:30. Presentation topic TBA.

Halloween Party Sponsored by *Homewatch Caregivers*. Come prepared to have fun celebrating Halloween on **Thursday, October 24**. Wear your favorite costume and compete to win prizes for the best costumes. Costume Contest begins at 11:00 so make sure to come early for lunch to pick your favorite entries or join in the contest. Lunch begins at 11:30 followed by Halloween games.

