

THE SENIOR SCOOP

May 2024



MAY LUNCHES

May 2 – Derby Day/Fried Chicken, Southern Potato Salad, Carrot and Celery Sticks w/ Benedictine Dip, Buttermilk Biscuits, Pecan Pie, Drink \$6.00

May 9 – Potluck \$6.00/Free for each person providing an entree, salad, side, or dessert to share.

May 23 – Cookout/Hamburger or Cheeseburger, Buttered Corn, Potato Salad, Mixed Berry Salad, Dessert, Drink \$6.00

May 30 – Spaghetti w/ Meatballs, Garlic Bread, Tossed Salad, Dessert, Drink \$6.00

Important Reminders:

Sign-up Sheets Please remember to check the sign-up sheets at the podium or front table to register for any of our upcoming events. Make sure to watch for registration deadlines.

Chair Yoga Mondays May 6 and 13 at 10:00am.

CLOSED The Independence Senior Center will be closed for activities **Wednesday, May 15 – Wednesday, May 22** due to the election. We will reopen for Silver Sneakers, lunch, and cards on Thursday, May 23. We will also be closed on Monday, **May 27** in observance of Memorial Day.

Derby Day Wear your most festive hats and come celebrate the upcoming Kentucky Derby with fun, food, and themed games on **Thursday, May 2** beginning at 11:30.

Crazy Bingo Caulette from Heaven Scent Care will be sponsoring Bingo on **Monday, May 6** at 12:00pm. This will be a free bingo day with a 2-card maximum per person. Come play bingo and try to win some fun practical prizes!

Medicare Marti will be at the Center on **Tuesday, May 7** from 10:00-1:00 to meet with anyone who has questions about their Medicare policies.

Lollipop Bouquet Jar Craft Georgia will be leading our monthly craft on **Tuesday, May 7** at 10:30, all supplies will be provided. There will be a sign-up sheet to ensure we have enough supplies for everyone.

Chair Massages are scheduled for **Wednesday, May 8**. Make sure to sign up for a time slot while they are still available.

Mother's Day Potluck Do you have a favorite recipe that reminds you of your mother? Make your special dish and share it during our potluck lunch on **Thursday, May 9** at 11:30. Feel free to share your recipe if it is not a family secret.

Money Smart for Older Adults Join the Kentucky Senior Medicare Patrol each month for a 7-part presentation series on financial exploitation and other financial issues facing seniors. Senior Center members plus one family member or caregiver are invited to attend. Presentations will run April – October. There will be a sign-up sheet each month so please make sure to register yourself and your guest if you plan to attend, each month's topic and date will be listed on the sign-up sheet. Our next presentation, Fiduciaries, POAs, and Caregivers, will be **Thursday, May 9** from 12:30-1:30. See the bulletin board for more information.

Abstract/Realism Painting Lou Ann will be leading us in part 2 of our acrylic painting class on **Tuesday, May 14** at 10:30.

Guest Caller Bingo Marvin from Celebration Villa will be joining us to call bingo on **Wednesday, May 1**, Alissa from Senior Care Partners will be here to call Bingo on **Wednesday, May 8**, and Senior Board member Karen will be calling for us on **Monday, May 13**. Games run 12:00-2:00pm, bring your quarters and get ready to win Bingo.

Senior Living Bus Tour Join us for a fun day of touring senior living facilities, including Celebration Villa of Summit Hills, Celebration Villa of Highland Crossing, Madonna Manor, Storypoint Senior Living, and Dominion Senior Living on **Wednesday, June 5**. You will receive a free tour shirt, light breakfast, tour bag, swag from each community, lunch, door prizes, and more. Deadline for RSVPs is **Thursday, May 23** – please see Julie to complete registration information. A light breakfast will be served beginning at 7:30am, bus will leave the Senior Center at 8:00am, and will return to the Senior Center around 4:30p. This event is free, space is limited so sign up before all spots are full.

Kenton County Historical Landmarks presented by Kenton County Library on **Tuesday, May 28** at 10:30. Learn the history surrounding several of the landmarks around our great county.

