

THE SENIOR SCOOP

May 2022



MAY LUNCHESES

May 5 – Kentucky Hot Brown, Mint Julep Fruit Salad, Kentucky Benedictine Dip with Carrot and Celery Slices, Dessert, Drink

May 19 – Ham, Potatoes, Green Beans, Salad, Dessert, Drink

May 26 – Sloppy Joe Sandwich, Cole Slaw, Macaroni and Cheese, Dessert, Drink

Lunches are \$6.00. Please remember to make your reservation for lunch by Tuesday of that week. There will be a sign-up sheet on the podium or you may call 356-6264.



The Senior Center will be closed on Wednesday, May 11; Thursday, May 12; Monday, May 16; Tuesday, May 17; and Monday, May 30.

Chair Yoga Barbara will be here Monday May 2 and 23 from 9:30-10:30am to lead classes for Senior Center members. The cost is \$3/class. We will offer classes on a trial basis, if we have a strong turn-out we may be able to schedule classes on a regular basis.

Interested in Playing Euchre? Games will be played on Wednesdays at 10:00 am.

Derby Lunch Thursday, May 5 at 11:30. Wear your Derby hats and join us for Derby themed food and games.

Katie from Brighton Center will be here after lunch on Thursday, May 19 for a safety presentation and SMP BINGO.

Abbey from Kenton County Library will be here on Tuesday, May 24 at 10:30 am (this is a new time). Celebrate Moms and Mother's Day with trivia and a fun, interactive presentation.

Senior Health and Fitness Day is Wednesday, May 25. Celebrate the day with us during a special presentation/event. Details will be announced closer to the date.



2022 Annual Membership Fees are due. The amount remains \$15.00. If you have not yet done so, please see Julie to renew your membership and ensure all of your information is up to date.

Check out our Facebook page Independence, KY Senior Activity Center. This will be updated with important announcements, pictures, and upcoming events.

