

THE SENIOR SCOOP

June 2024



JUNE LUNCHES

June 6 – Potluck \$6.00/Free for each person providing an entree, salad, side, or dessert to share.

June 13 – Father’s Day Lunch/Dagwood Sandwich, Baked Beans, French Fries, Dessert, Drink \$6.00

June 20 – Subway Turkey Sandwich, Chips, Cookie, Drink \$6.00

June 27 –America’s Foot Center/ TBD

Important Reminders:

Sign-up Sheets Please remember to check the sign-up sheets at the podium or front table to register for any of our upcoming events. Make sure to watch for registration deadlines.

Chair Yoga Mondays June 10 and 24 at 10:00am.

CLOSED The Independence Senior Center will be closed for activities **Monday, July 1 – Monday, July 8** due to the 4th of July festival. We will reopen for normal activities **Tuesday, July 9.**

Silver Sneakers Aaron will be out **Thursdays, June 6 and 27.** We will be using a video for exercise on these days.

Guest Caller Bingo Alissa from Senior Care Partners will be joining us to call Bingo on **Monday, June 3**, Senior Board member Karen will be calling for us on **Monday, June 10**, Marvin from Celebration Villa will be joining us to call on **Wednesday, June 19**, and Jill from Senior Living Locators and Shelley from Home Instead will be calling for us on **Monday, June 24**. Thank you to all our wonderful callers! Games run 12:00-2:00pm, bring your quarters and get ready to win Bingo.

Rock Painting Georgia will be leading our monthly craft on **Tuesday, June 4** at 10:30, all supplies will be provided. There will be a sign-up sheet to ensure we have enough supplies for everyone.

Medicare Marti will be at the Center on **Tuesday, June 4** and **June 18** from 10:00-1:00 to meet with anyone who has questions about their Medicare policies.

Senior Living Bus Tour Enjoy a fun day of activities, giveaways, 5 senior living facility tours, and lunch on **Wednesday, June 5**. Continental breakfast will be served beginning at 7:30am, tour bus will leave the Independence Senior Center at 8:00am. ***Pre-registration required***, all confirmed attendees will receive an email confirmation prior to the event.

Muffins for Members What better way to celebrate National Blueberry Muffin Day than to enjoy delicious muffins, conversation, and a game with other Senior Center members. Join us at 10:30am on **Tuesday, June 11.**

Father’s Day Lunch Wear a festive long tie or bowtie to celebrate the wonderful fathers in your lives on **Thursday, June 13**. Make sure to bring pictures to add to our ‘Fathers and Grandfathers’ table display. You will not want to miss the fun games and great food!

Money Smart for Older Adults Join the Kentucky Senior Medicare Patrol each month for a 7-part presentation series on financial exploitation and other financial issues facing seniors. Senior Center members plus one family member or caregiver are invited to attend. Presentations will run April – October. There will be a sign-up sheet each month so please make sure to register yourself and your guest if you plan to attend, each month’s topic and date will be listed on the sign-up sheet. Our next presentation, *Making Safe Donations and Payments* will be **Thursday, June 13** from 12:30-1:30. See the bulletin board for more information.

Acrylic Abstract Painting Lou Ann will be leading us in an acrylic abstract painting class on **Tuesday, June 18** at 10:30. Even if you think you are not creative, you will have a great time learning new techniques and will likely surprise yourself with an incredibly cool painting!

Lunch Presentation Caulette from Heaven Sent Care will be here on **Thursday, June 20** at 11:30 providing lunch and speaking with our members about the services they offer and to answer any questions you may have. There will be a presentation during lunch on estate planning tips people do not always know about.

Civil War and Local History presented by Kenton County Library on **Tuesday, June 25** at 10:30. Learn how the Civil War and local history are connected to Juneteenth.

American Foot Centers will be here **Thursday, June 27** with lunch and to provide foot exams. Make sure to reserve your appointment time, the sign-up sheet will be on the podium.

