

# June 2022

## INDEPENDENCE SENIOR CENTER

Open 9:00am - 3:00pm  
(859)356-6264

| Monday |  | Tuesday |  | Wednesday |  | Thursday |   |
|--------|--|---------|--|-----------|--|----------|---|
|        |  |         |  | 1         | 10:00 Euchre<br>10:00 - 2:00 Chair Massages<br>12:00 - 2:00 BINGO            | 2        | 9:30-10:30 SILVER SNEAKERS<br>10:15 Scott HS Aquatics Representative<br>11:30 Lunch (*)<br>12:00 Manipulation Cards |
| 6      | 9:30 - 10:30 Chair Yoga \$3<br>10:30 Cards<br>12:00-2:00 BINGO                                     | 7       | 9:30-10:30 SILVER SNEAKERS<br>10:30 Cards/Board Games<br>10:45-12:45 Greeting Card Craft w/ Sue<br>12:00 Manipulation Cards<br>12:30 Corn Hole | 8         | 10:00 Euchre<br>12:00 - 2:00 BINGO   | 9        | 9:30-10:30 SILVER SNEAKERS<br>11:30 Lunch (*)<br>12:00 Manipulation Cards   |
| 13     | 9:00 - 3:00 Cards<br>12:00-2:00 BINGO  | 14      | 9:30-10:30 SILVER SNEAKERS<br>10:30 Cards/Board Games<br>10:45-11:45 Aromatherapy Workshop<br>12:00 Manipulation Cards<br>12:30 Corn Hole      | 15        | 10:00 Euchre<br>11:00 Scott HS Aquatics Representative<br>12:00 - 2:00 BINGO | 16       | 9:30-10:30 SILVER SNEAKERS<br>11:30 Lunch (*)<br>11:30 BC Safety Presentation<br>12:00 Manipulation Cards           |
| 20     | 9:30 - 10:30 Chair Yoga \$3<br>10:30 Cards<br>10:30 Abby's Brain Health Trivia<br>12:00-2:00 BINGO | 21      | 9:30-10:30 SILVER SNEAKERS<br>11:30 Cards/Board Games<br>12:00 Manipulation Cards<br>12:30 Corn Hole   | 22        | 10:00 Euchre<br>12:00 - 2:00 BINGO   | 23       | 9:30-10:30 SILVER SNEAKERS<br>11:30 Lunch (*)<br>12:00 Manipulation Cards   |
| 27     | SENIOR CENTER<br>CLOSED<br>DUE TO FESTIVAL   | 28      | SENIOR CENTER<br>CLOSED<br>DUE TO FESTIVAL   | 29        | SENIOR CENTER<br>CLOSED<br>DUE TO FESTIVAL                                   | 30       | SENIOR CENTER<br>CLOSED<br>FOR FESTIVAL   |

| THURSDAY LUNCHES:   |   | *Make lunch reservations by the Tuesday before | MONTHLY EVENTS                              |
|---|---|--|---|
| 2   | Baked Spaghetti, Garlic Bread, Salad, Dessert, Drink \$6.00                               |  | 6/2 & 6/15 Scott HS Aquatics Representative |
| 9   | Sausage, Sauerkraut, Mashed Potatoes, Glazed Carrots, Dessert, Drink \$6.00               |  | 6/7 Greeting Card Craft w/ Sue              |
| 16  | Broccoli Ham Casserole, Rice, Fruit Salad, Dessert, Drink \$6.00                          |  | 6/14 Aromatherapy Workshop                  |
| 23  | Potluck \$6.00/Free for each person providing an entree, salad, side, or dessert to share |  | 6/16 BC Safety Presentation                 |
| **SENIOR CENTER CLOSED MONDAY, JUNE 27 - MONDAY, JULY 4** |   |  | 6/21 Abby's Brain Health Trivia             |