

October 2024

INDEPENDENCE SENIOR CENTER

Open 9:00am - 3:00pm
(859)356-6264

Monday		Tuesday		Wednesday		Thursday	
30-Sep	1	2	3	4	5	6	7
9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Yoga 11:00-1:30 Euchre 12:00-2:00 BINGO/Guest Caller - Marvin-Celebration Villa	9:30-10:30 SILVER SNEAKERS 10:30 Craft - Pinecone Wreaths 11:30-12:30 Walking Group 12:30-1:30 Corn Hole 1:30-2:30 Ping-Pong	9:00-10:00 Pickleball 11:00-2:00 Community Health Fair Open to the Community	9:30-10:30 SILVER SNEAKERS 11:30-12:30 Lunch (*) 11:45 SMP Open Enrollment Info and Q&A 12:30-3:00 Manipulation	7	8	9	10
9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Yoga 12:00-2:00 BINGO/Guest Caller - Karen-Senior Board Member	9:30-10:30 SILVER SNEAKERS 10:30 Craft - Cheesecloth Ghosts 11:30-12:30 Walking Group 12:30-1:30 Corn Hole 1:30-2:30 Ping-Pong	9:00-10:00 Pickleball 10:00-12:30 Euchre 12:00-2:00 BINGO/Guest Caller - Alissa-Senior Care Partners 1:30-2:30 Ping-Pong	9:30-10:30 SILVER SNEAKERS 11:30-12:30 Lunch (*) 12:30 MSOA - Funeral Scams 1:30-3:00 Manipulation	14	15	16	17
9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Volleyball 12:00-2:00 BINGO Lynn/Bluegrass Care Navigators	9:30-10:30 SILVER SNEAKERS 10:30 Presentation - TBA 11:30 Acrylic Abstract Painting 11:30-12:30 Walking Group 12:30-1:30 Corn Hole 1:30-2:30 Ping-Pong	9:00-10:00 Pickleball 10:00-12:30 Euchre 12:00-2:00 BINGO/Guest Caller - Marvin-Celebration Villa 1:30-2:30 Ping-Pong	9:30-10:30 SILVER SNEAKERS 11:30-12:30 Lunch (*) 11:45 W&S Presentation - Identity Theft 12:30-3:00 Manipulation	21	22	23	24
9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Yoga 12:00-2:00 BINGO/Guest Caller - Christina-Connecting Hearts	9:30-10:30 SILVER SNEAKERS 10:30 Popular Halloween Costumes Through the Years 11:30-12:30 Walking Group 12:30-1:30 Corn Hole 1:30-2:30 Ping-Pong	9:00-10:00 Pickleball 10:00-12:30 Euchre 12:00-2:00 BINGO 1:30-2:30 Ping-Pong	9:30-10:30 SILVER SNEAKERS 11:00 Halloween Costume Contest 11:30-12:30 Halloween Lunch and Party (*) Party Sponsored by Homewatch Caregivers 12:30-3:00 Manipulation	28	29	30	31
9:00-10:00 Beginner Line Dancing 10:00-12:30 Euchre 12:00-2:00 BINGO/Guest Caller - Caulette-Heaven Sent Care	SENIOR CENTER CLOSED DUE TO ELECTION		SENIOR CENTER CLOSED DUE TO ELECTION		SENIOR CENTER CLOSED DUE TO ELECTION		
THURSDAY LUNCHES:		**Make lunch reservations by the Tuesday before**					
3	Meatloaf, Mashed Potatoes, Green Beans, Dessert, Drink \$6.00						***Senior Center Closed
10	Chicken Enchiladas, Rice, Beans, Tortilla Chips, Dessert, Drink \$6.00						Tuesday 10/29 - Thursday, 11/7
17	Potluck \$6.00 (Free for each person bringing an entrée, side, salad, or dessert to share)						Due to Election***
24	Halloween Party - Subway Sandwich, Chips, Salad, Dessert Drink \$6.00						