

# November 2024

# INDEPENDENCE SENIOR CENTER

Open 9:00am - 3:00pm  
(859)356-6264

Monday		Tuesday		Wednesday		Thursday	
4	SENIOR CENTER CLOSED DUE TO ELECTION	5	SENIOR CENTER CLOSED DUE TO ELECTION	6	SENIOR CENTER CLOSED DUE TO ELECTION	7	SENIOR CENTER CLOSED DUE TO ELECTION
11	9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Yoga 11:00-12:00 Chair Volleyball 12:00-2:00 BINGO/Guest Caller - Karen-Senior Board Member	12	9:30-10:30 SILVER SNEAKERS 10:30 Hospice Mythbusters & Muffins 11:30 Acrylic Abstract Painting 12:30-1:30 Corn Hole 1:30-2:30 Ping-Pong	13	9:00-10:00 Pickleball 10:00-2:00 Chair Massages 10:00-12:30 Euchre 12:00-2:00 BINGO/Guest Caller - Alissa-Senior Care Partners 1:30-2:30 Ping-Pong	14	9:30-10:30 SILVER SNEAKERS 11:30-12:30 Celebrating Our Veterans Lunch (*) 11:30 Veterans Affairs Presentation 12:30-3:00 Manipulation Last Day for Thanksgiving Reservation
18	9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Yoga 11:00-12:00 Chair Volleyball 12:00-2:00 BINGO/Guest Caller - Angel-Senior Helpers	19	9:30-10:30 SILVER SNEAKERS 10:30 Craft - Paper Beads 10:45 Euchre 101 12:30-1:30 Corn Hole 1:30-2:30 Ping-Pong	20	9:00-10:00 Pickleball 10:00-12:30 Euchre 12:00-2:00 BINGO/Guest Caller - Marvin-Celebration Villa 1:30-2:30 Ping-Pong	21	9:30-10:30 SILVER SNEAKERS 11:30-1:00 Thanksgiving Lunch 1:00-3:00 Manipulation
25	9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Yoga 11:15-1:45 Euchre 12:00-2:00 Crazy BINGO/Guest Caller - Caulette-Heaven Sent Care	26	9:30-10:30 SILVER SNEAKERS 10:30 KC Library Presentation 12:30-1:30 Corn Hole 1:30-2:30 Ping-Pong	27	SENIOR CENTER CLOSED FOR THANKSGIVING	28	SENIOR CENTER CLOSED FOR THANKSGIVING
2-Dec	9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Yoga 11:00-12:00 Chair Volleyball 12:00-2:00 BINGO	3-Dec	9:30-10:30 SILVER SNEAKERS 10:30 Christmas Tree Decorating 1:30-2:30 Ping-Pong	4-Dec	10:00-12:30 Euchre 12:00-2:00 BINGO/Guest Caller - Alissa-Senior Care Partners 1:30-2:30 Ping-Pong	5-Dec	9:30-10:30 SILVER SNEAKERS 11:30 Lunch (*) 11:30 Fall Prevention Presentation 12:30-3:00 Manipulation
<b>THURSDAY LUNCHES:</b>		<b>**Make lunch reservations by the Tuesday before**</b>					
14	Celebrating Our Veterans Military Meal - USMC Chili Mac, SOAS (Chipped Beef), Salad, Dessert, Drink \$6.00					<b>***Senior Center Closed***</b>	
21	Thanksgiving- Turkey & Dressing, Mashed Potatoes, Sweet Potatoes, Green Beans, Cranberries, Rolls w/Butter, Dessert, Drink \$10.00					<b>Tuesday 10/29 - Thursday 11/7</b>	
<b>**Deadline for Thanksgiving Lunch Reservations and Payment is Thursday 11/14 - Payment Due at Time of Reservation**</b>						<b>Due to Election</b>	
						<b>Wednesday 11/27- Thursday 11/28</b>	
						<b>For Thanksgiving</b>	