

November 2023

INDEPENDENCE SENIOR CENTER

Open 9:00am - 3:00pm
(859)356-6264

Monday		Tuesday		Wednesday		Thursday	
				1	SENIOR CENTER CLOSED FOR ELECTION	2	SENIOR CENTER CLOSED FOR ELECTION
6	SENIOR CENTER CLOSED FOR ELECTION	7	SENIOR CENTER CLOSED FOR ELECTION	8	SENIOR CENTER CLOSED FOR ELECTION	9	9:30-10:30 SILVER SNEAKERS/Video 11:30-12:30 Lunch (*) 11:45 SMP Jeopardy 12:30-3:00 Manipulation Cards *Last Day for Thanksgiving Lunch Reservations*
13	9:30-10:30 Beginner Line Dancing 10:00-11:00 Chair Yoga 11:00-12:00 Hot Chocolate Bar 12:00-2:00 BINGO	14	9:30-10:30 SILVER SNEAKERS/Video 10:30 Christmas Ornament Painting 11:30-12:30 Walking Group 12:30-2:30 Corn Hole 1:30-2:30 Ping-Pong	15	9:00-10:00 Pickleball 10:00-11:00 Chair Volleyball 10:00-12:30 Euchre 10:00-2:00 Chair Massages 12:00-2:00 BINGO 1:30-2:30 Ping-Pong	16	9:30-10:30 SILVER SNEAKERS/Video 11:30-1:00 Thanksgiving Lunch (*) 12:30-3:00 Manipulation Cards
20	9:30-10:30 Beginner Line Dancing 10:30-11:30 Yarn Doll Craft 12:00-2:00 BINGO	21	9:30-10:30 SILVER SNEAKERS/Video 10:30 Medicare Q&A and Game 11:30-12:30 Walking Group 12:30-2:30 Corn Hole 1:30-2:30 Ping-Pong	23	SENIOR CENTER CLOSED FOR HOLIDAY	24	SENIOR CENTER CLOSED FOR HOLIDAY
27	9:30-10:30 Beginner Line Dancing 10:00-11:00 Chair Yoga 12:00-2:00 BINGO	28	9:30-10:30 SILVER SNEAKERS 10:30 Christmas Tree Decorating 12:30-2:30 Corn Hole 1:30-2:30 Ping-Pong	29	9:00-10:00 Pickleball 10:00-11:00 Chair Volleyball 10:00-12:30 Euchre 12:00-2:00 BINGO 1:30-2:30 Ping-Pong	30	9:30-10:30 SILVER SNEAKERS 11:30-12:30 Lunch (*) 12:30-3:00 Manipulation Cards

THURSDAY LUNCHES:		*Make Lunch Reservation by the Tuesday Prior*	MONTHLY EVENTS
9	Potato Soup, Ham and Cheese Sliders, Salad, Dessert, Drink \$6.00		11/9 Last Day for Thanksgiving
16	Traditional Thanksgiving Lunch \$6.00		Lunch Reservations
30	Potluck \$6.00/Free for each person providing an entree, salad, side, or dessert to share		
		SENIOR CENTER CLOSED NOVEMBER 1 - NOVEMBER 8 AND NOVEMBER 23, NOVEMBER 24	