

June 2024

INDEPENDENCE SENIOR CENTER

Open 9:00am - 3:00pm
(859)356-6264

Monday		Tuesday		Wednesday		Thursday	
3		4	9:30-10:30 SILVER SNEAKERS	5	7:30-8:00 Continental Breakfast	6	
9:00-10:00	Beginner Line Dancing	10:00-1:00	Medicare Marti	8:00am-5:00pm	Senior Living Bus Tour	9:30-10:30	SILVER SNEAKERS/Video
10:00-11:00	Chair Volleyball	10:30	Rock Painting	9:00-10:00	Pickleball	11:30	Lunch (*)
12:00-2:00	BINGO/Guest Caller - Alissa	11:30-12:30	Walking Group	10:00-12:30	Euchre	12:30-3:00	Manipulation Cards
		12:30-1:30	Corn Hole	12:00-2:00	BINGO		
		1:30-2:30	Ping-Pong				
10		11		12		13	
9:00-10:00	Beginner Line Dancing	9:30-10:30	SILVER SNEAKERS	9:00-10:00	Pickleball	9:30-10:30	SILVER SNEAKERS
10:00-11:00	Chair Yoga	10:30	Muffins for Members	10:00-12:30	Euchre	11:30	Lunch (*)/Father's Day Lunch
12:00-2:00	BINGO/Guest Caller - Karen	11:30-12:30	Walking Group	12:00-2:00	BINGO	12:30-1:30	MSOA-see newsletter for topic
		12:30-1:30	Corn Hole	1:30-2:30	Ping-Pong	1:30-3:00	Manipulation Cards
		1:30-2:30	Ping-Pong				
17		18	9:30-10:30 SILVER SNEAKERS	19		20	
9:00-10:00	Beginner Line Dancing	10:00-1:00	Medicare Marti	9:00-10:00	Pickleball	9:30-10:30	SILVER SNEAKERS
10:00-11:00	Chair Volleyball	10:30	Acrylic Abstract Painting	10:00-12:30	Euchre	11:30	Lunch (*)/Heaven Sent Care
12:00-2:00	BINGO	11:30-12:30	Walking Group	12:00-2:00	BINGO/Guest Caller Marvin	11:45	Estate Planning Tips
		12:30-1:30	Corn Hole	1:30-2:30	Ping-Pong	12:30-3:00	Manipulation Cards
		1:30-2:30	Ping-Pong				
24		25		26		27	
9:00-10:00	Beginner Line Dancing	9:30-10:30	SILVER SNEAKERS	9:00-10:00	Pickleball	9:30-10:30	SILVER SNEAKERS/Video
10:00-11:00	Chair Yoga	10:30	Civil War & Local History	10:00-12:30	Euchre	9:00-1:00	American Foot Center Exams
12:00-2:00	BINGO/Guest Callers - Shelley and Jill	11:30-12:30	Walking Group	12:00-2:00	BINGO	11:30	Lunch (*)/American Foot Center
		12:30-1:30	Corn Hole	1:30-2:30	Ping-Pong	12:30-3:00	Manipulation Cards
		1:30-2:30	Ping-Pong				
1		2		3		4	
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THURSDAY LUNCHES:	*Make lunch reservations by the Tuesday before	MONTHLY EVENTS
6	Potluck (Free for each person bringing an entrée, side, salad, or dessert to share) \$6.00	
13	Father's Day Lunch/Dagwood Sandwich, Baked Beans, French Fries, Dessert, Drink \$6.00	
20	Subway Turkey Sandwiches, Chips, Cookie, Drink \$6.00	
27	American Foot Center - Menu TBD	
SENIOR CENTER CLOSED MONDAY, JULY 1 - MONDAY, JULY 8		