

August 2022

INDEPENDENCE SENIOR CENTER

Open 9:00am - 3:00pm
(859)356-6264

Monday		Tuesday		Wednesday		Thursday	
1	9:00 - 3:00 Cards 12:00-2:00 BINGO	2	9:30-10:30 SILVER SNEAKERS 10:30-12:30 Puzzles/Cards/Board Games 12:30-2:30 Walking Club 12:30 Corn Hole	3	10:00 Euchre 10:00-2:00 Chair Massages 12:00 - 2:00 BINGO	4	9:30-10:30 SILVER SNEAKERS 10:30 Chair Volleyball 11:30 Lunch (*) 12:00 Manipulation
8	9:00 - 3:00 Cards 12:00-2:00 BINGO	9	9:30-10:30 SILVER SNEAKERS 10:30-12:30 Puzzles/Cards/Board Games 12:30-2:30 Walking Club 12:30 Corn Hole	10	10:00 Euchre 12:00 - 2:00 BINGO	11	9:30-10:30 SILVER SNEAKERS 11:30 Lunch (*) 11:30 BC Safety Presentation 12:00 Manipulation
15	10:30 - 3:00 Cards 9:30-10:30 Chair Yoga \$3 12:00-2:00 BINGO	16	9:30-10:30 SILVER SNEAKERS/Video 10:45-12:45 Card Craft Day 12:45-2:30 Walking Club 12:30 Corn Hole	17	10:00 Euchre 12:00 - 2:00 BINGO	18	9:30-10:30 SILVER SNEAKERS/Video 11:30 Lunch (*) 12:00 Manipulation
22	9:00 - 3:00 Cards 12:00-2:00 BINGO	23	9:30-10:30 SILVER SNEAKERS 10:30 Kentucky Trivia with Abby 12:30-2:30 Walking Club 12:30 Corn Hole	24	10:00 Euchre 12:00 - 2:00 BINGO	25	9:30-10:30 SILVER SNEAKERS 11:30 Lunch (*) 12:00 Manipulation
29	9:00 - 3:00 Cards 12:00-2:00 BINGO	30	9:30-10:30 SILVER SNEAKERS 10:30-12:30 Puzzles/Cards/Board Games 12:30-2:30 Walking Club 12:30 Corn Hole	31	10:00 Euchre 12:00 - 2:00 BINGO		

THURSDAY LUNCHES:		*Make lunch reservations by the Tuesday before	MONTHLY EVENTS
4	Sloppy Joe Sandwich, Macaroni and Cheese, Cole Slaw, Dessert, Drink \$6.00		8/3 Chair Massages
11	Sub Sandwich, Salad, Chips, Dessert, Drink \$6.00		8/11 Safety Pres/Grandparent Scams
18	Pasta Bar (pasta, sauces, meatballs, vegetables, and cheese), Salad, Garlic Bread, Dessert, Drink \$6.00		8/16 Card Craft Day
25	Potluck \$6.00/Free for each person providing an entree, salad, side, or dessert to share		8/23 Kentucky Trivia w/ Abby