

April 2024

INDEPENDENCE SENIOR CENTER

Open 9:00am - 3:00pm
(859)356-6264

| Monday | | Tuesday | | Wednesday | | Thursday | |
|-----------|--------------------------------------------------------------------------------------------------------------------------------|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|------------------------------------------------------------------------------------------------------------------------------|-----------|--------------------------------------------------------------------------------------------------------------------------------|
| 1 | | 2 | 9:30-10:30 SILVER SNEAKERS | 3 | | 4 | |
| | 9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Volleyball 12:00-2:00 Big Bucks BINGO w/Heaven Sent Care | | 10:00-1:00 Medicare Marti 10:30 Ice Cream Social 11:30-12:30 Walking Group 12:30-1:30 Corn Hole 1:30-2:30 Ping-Pong | | 9:00-10:00 Pickleball 10:00-12:30 Euchre 11:30 - 12:00 Scott HS Aquatic Center Update 12:00-2:00 BINGO/Guest Caller | | 9:30-10:30 SILVER SNEAKERS 10:30 - 11:30 Scott HS Aquatic Center Update 11:30 Lunch (*) 12:30-3:00 Manipulation Cards |
| 8 | | 9 | | 10 | | 11 | |
| | 9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Yoga 12:00-2:00 Solar Eclipse BINGO 2:00 Solar Eclipse Watch Party | | 9:30-10:30 SILVER SNEAKERS 10:30 Spring Door Hanger Craft 11:30-12:30 Walking Group 12:30-1:30 Corn Hole 1:30-2:30 Ping-Pong | | 9:00-10:00 Pickleball 10:00-12:30 Euchre 12:00-2:00 BINGO | | 9:00-1:00 American Foot Center Exams 9:30-10:30 SILVER SNEAKERS 11:30 Lunch (*) 12:30-3:00 Manipulation Cards |
| 15 | | 16 | 9:30-10:30 SILVER SNEAKERS | 17 | | 18 | |
| | 9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Volleyball 12:00-2:00 BINGO | | 10:00-1:00 Medicare Marti 10:30 Coffee & Donuts w/ Heaven Sent Care 11:30-12:30 Walking Group 12:30-1:30 Corn Hole 1:30-2:30 Ping-Pong | | 9:00-10:00 Pickleball 10:00-12:30 Euchre 12:00-2:00 BINGO/Guest Caller | | 9:30-10:30 SILVER SNEAKERS 11:30 Lunch (*) 12:30-3:00 Manipulation Cards |
| 22 | | 23 | | 24 | | 25 | |
| | 9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Volleyball 12:00-2:00 BINGO/Guest Caller | | 9:30-10:30 SILVER SNEAKERS 10:30-11:30 KC Library/ Birds of Kentucky 11:30-12:30 Walking Group 12:30 Cornhole Tournament vs Celebration Villa | | 9:00-10:00 Pickleball 10:00-12:30 Euchre 12:00-2:00 BINGO | | 9:30-10:30 SILVER SNEAKERS 11:30 Lunch (*) 12:30 Money Smart for Older Adults 1:30-3:00 Manipulation Cards |
| 29 | | 30 | | | | | |
| | 9:00-10:00 Beginner Line Dancing 10:00-11:00 Chair Yoga 12:00-2:00 BINGO | | 9:30-10:30 SILVER SNEAKERS 10:30 Abstract/Realism Painting \$5.00 11:30-12:30 Walking Group 12:30-1:30 Corn Hole 1:30-2:30 Ping-Pong | | | | |

| THURSDAY LUNCHES: | | *Make lunch reservations by the Tuesday before | MONTHLY EVENTS |
|-------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|---------------------------------------|
| 4 | Celebrate the Beginning of Baseball Season: Hot Dog Bar (includes variety of toppings), Chips, Fruit Salad, Dessert, Drink \$6.00 | | Make sure to check all sign-up sheets |
| 11 | Menu TBA | | and deadlines to sign up for events. |
| 18 | Salisbury Steak, Mashed Potatoes, Green Beans, Dessert, Drink \$6.00 | | |
| 25 | Potluck (Free for each person bringing an entrée, side, salad, or dessert to share) | | |