

May 2022

INDEPENDENCE SENIOR CENTER

Open 9:00am - 3:00pm
(859)356-6264

Monday		Tuesday		Wednesday		Thursday	
2		3		4		5	
9:30-10:30 Chair Yoga		9:30-10:30 SILVER SNEAKERS		10:00 Euchre		9:30-10:30 SILVER SNEAKERS	
10:30 Cards		10:30 Cards/Board Games		12:00 - 2:00 BINGO		11:30 Lunch (*)Derby Day Celebration	
12:00-2:00 BINGO		12:00 Manipulation Cards				12:00 Manipulation	
		12:30 Corn Hole					
9		10		11		12	
9:00 - 3:00 Cards		9:30-10:30 SILVER SNEAKERS		SENIOR CENTER CLOSED FOR ELECTIONS		SENIOR CENTER CLOSED FOR ELECTIONS	
12:00-2:00 BINGO		10:30 Cards/Board Games					
		12:00 Manipulation Cards					
		12:30 Corn Hole					
16		17		18		19	
SENIOR CENTER CLOSED FOR ELECTIONS		SENIOR CENTER CLOSED FOR ELECTIONS		10:00 Euchre		9:30-10:30 SILVER SNEAKERS/Video	
				12:00 - 2:00 BINGO		11:30 Lunch (*)	
						12:00 BC Safety Presentation/SMP BINGO	
						12:00 Manipulation	
23		24		25		26	
9:30-10:30 Chair Yoga		9:30-10:30 SILVER SNEAKERS		10:00 Euchre		9:30-10:30 SILVER SNEAKERS	
10:30 Cards		10:30 Abby's Mother's Day Trivia		10:30-11:30 Sr Health & Fitness Day - Event TBD		11:30 Lunch (*)	
12:00-2:00 BINGO		11:30 Cards/Board Games		12:00 - 2:00 BINGO		12:00 Manipulation	
		12:00 Manipulation Cards					
		12:30 Corn Hole					
30		31					
SENIOR CENTER CLOSED FOR HOLIDAY		9:30-10:30 SILVER SNEAKERS/Video					
		10:30 Cards/Board Games					
		12:00 Manipulation Cards					
		12:30 Corn Hole					

THURSDAY LUNCHES:		*Make lunch reservations by the Tuesday before	MONTHLY EVENTS
5	Kentucky Hot Brown, 'Mint Julep' Fruit Salad, Kentucky Benedictine Dip with Carrot and Celery Slices, Dessert, Drink \$6.00		5/5 Derby Day Celebration
19	Ham, Potatoes, Green Beans, Salad, Dessert, Drink \$6.00		5/19 Safety Presentation & SMP BINGO
26	Sloppy Joe Sandwich, Cole Slaw, Macaroni & Cheese, Dessert, Drink \$6.00		5/24 Mother's Day Trivia
		SENIOR CENTER CLOSED MAY 11, 12, 16, 17, and 30	5/25 Health & Fitness Event TBD